

The Holy Life lived with
ardent effort

Contentment and
gratitude

And the realization of
Nibbāna

Although involved in worldly ways,
Unshaken the mind remains, And
beyond all sorrow, spotless, secure

Giving with Dhamma in
the heart

Avoiding those of
foolish ways

They who live by following this path
Know victory wherever they go,
And every place for them is safe.

Highest Blessing

Seeing for oneself the
Noble Truths

Steadfast in restraint,
and shunning evil ways

With discipline, highly
trained

They who live by following this path
Know victory wherever they go,
And every place for them is safe.

Seeing venerated
seekers of the truth

And acting in ways that
leave no blame

Although involved in worldly ways,
Unshaken the mind remains, And
beyond all sorrow, spotless, secure

Offering help to
relatives and kin

Patience and willingness
to accept one's faults

And heedfulness in all
things that arise

Providing for mother
and father's support

Highest Blessing

With the fruits of past
good deeds

Accomplished in
learning and craftsman's
skills

Avoiding intoxicants
that dull the mind

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that dull the mind